

# ADHD Symptom Checklist

Date: \_\_\_\_\_ Child's Name: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Completed by: \_\_\_\_\_ Contact # or E-mail: \_\_\_\_\_

## INATTENTIVE TYPE (Inattention symptoms or behavior)

- Often fails to pay attention to details or makes careless mistakes in schoolwork, work, or during other activities.
- Has a diminished attention span or often has difficulty sustaining attention to tasks or play activities.
- Has poor listening skills or often does not seem to listen when spoken to directly.
- Often does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace.
- Often has difficulty organizing tasks and activities.
- Often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort or concentration.
- Often loses things necessary for tasks or activities.
- Is often easily distracted or sidetracked by extraneous stimuli, including unrelated thoughts.
- Often forgets daily activities.

## HYPERACTIVE-IMPULSIVE TYPE (Hyperactive Symptoms)

- Often squirms when seated or fidgets with hands or feet.
- Often leaves seat during inappropriate situations, incapable of staying seated, or feels restless.
- Often runs/climbs during inappropriate situations or feels restless.
- Is often unable to play or engage in leisure activities quietly
- Is often "on the go" or acts as if "driven by a motor."
- Often talks excessively.

## HYPERACTIVE-IMPULSIVE TYPE (Impulsive Symptoms):

- Often blurts out an answer before the question has been completed.
- Often has difficulty waiting for his or her turn.
- Often interrupts or intrudes on others.

## **ADDITIONAL CONDITIONS/CRITERIA:**

- The symptoms presented before age 12.
- Another mental disorder does not better explain symptoms.
- Symptoms aren't a reflection of oppositional behavior.
- Several symptoms are present in two or more settings.
- Symptoms interfere with school, work, or social functioning.

## **Scoring Instructions:**

### **Children:**

- Has at least six (6) responses in either type or both in total.

### **Adolescents and Adults:**

- Has at least five (5) symptoms in either type or both in total.

### **Classification:**

- Combined Presentation: Has presented symptoms of both types for the past six (6) months.
- Predominantly Inattentive Type: Has presented symptoms of inattention, but not hyperactivity-impulsivity, for the past six (6) months.
- Predominantly Hyperactive-Impulsive Presentation: Has presented symptoms of hyperactivity-impulsivity, but not inattention, for the past six (6) months.

## **Additional Notes (Interpretation, Next Steps, etc.)**