

ADHD Teenager Screening Test

Instructions:

Please read each statement carefully and mark the appropriate response based on your observations of the teenager's behavior. Answer to the best of your knowledge.

Part 1: Inattention

1. **Often makes careless mistakes in schoolwork or other activities due to lack of attention to detail.**

- Never
- Rarely
- Sometimes
- Often
- Always

2. **Has difficulty sustaining attention in tasks or play activities.**

- Never
- Rarely
- Sometimes
- Often
- Always

3. **Frequently seems not to listen when spoken to directly.**

- Never
- Rarely
- Sometimes
- Often
- Always

4. **Struggles to follow through on instructions or finish tasks.**

- Never
- Rarely
- Sometimes
- Often
- Always

5. Avoids or is reluctant to engage in tasks that require sustained mental effort.

- Never
- Rarely
- Sometimes
- Often
- Always

Part 2: Hyperactivity and Impulsivity

1. Fidgets or taps hands or feet restlessly.

- Never
- Rarely
- Sometimes
- Often
- Always

2. Unable to stay seated in situations where it is expected.

- Never
- Rarely
- Sometimes
- Often
- Always

3. Excessively talks or interrupts others during conversations or activities.

- Never
- Rarely
- Sometimes
- Often
- Always

4. Finds it difficult to wait for their turn in situations requiring patience.

- Never
- Rarely
- Sometimes
- Often
- Always

5. Often acts without thinking about the consequences.

- Never
- Rarely
- Sometimes
- Often
- Always

Part 3: Overall Impression

1. Considering the behaviors listed above, do you believe the teenager may be experiencing difficulties related to ADHD?

- No
- Possibly
- Yes

Notes:

Please use this screening test as a preliminary assessment only. It is not a substitute for professional diagnosis. If you have concerns about ADHD, consult with a qualified healthcare professional.