

AD8 Dementia Screening Interview

Patient name: _____

Practitioner name: _____ Interview date: _____

Remember, "Yes, a change" indicates that there has been a change in the last several years caused by cognitive (thinking and memory) problems.

	Yes, a change	No, no change	N/A, don't know
1. Problems with judgment (e.g., problems making decisions, bad financial decisions, problems with thinking).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Less interest in hobbies/activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Repeats the same things over and over (questions, stories, or statements).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Trouble learning how to use a tool, appliance, or gadget (e.g., VCR, computer, microwave, remote control).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Forgets correct month or year.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Trouble handling complicated financial affairs (e.g., balancing checkbook, income taxes, paying bills).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Trouble remembering appointments.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Daily problems with thinking and/or memory	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Total AD8 score: _____ (Sum of the number marked "Yes, a change.")

Scoring and interpretation

A screening test alone cannot diagnose a dementing disorder, but the AD8 is highly effective at identifying early cognitive changes linked to several common dementias, including Alzheimer's disease, vascular dementia, Lewy body dementia, and frontotemporal dementia.

Scores indicating cognitive impairment (see below) suggest the need for further evaluation. On the other hand, scores within the "normal" range make it unlikely that dementia is present, though an early stage of the disease cannot be completely ruled out. If there is other objective evidence of cognitive decline, a more thorough assessment may be necessary.

The following cut points are recommended:

- 0–1: Normal cognition
- 2 or higher: Cognitive impairment is likely present

References

Alzheimer's Association (n.d.) *AD8 Dementia Screening Interview*. <https://www.alz.org/media/documents/ad8-dementia-screening.pdf>

Galvin, J. E., Roe, C. M., Powlishta, K. K., Coats, M. A., Muich, S. J., Grant, E., Miller, J. P., Storandt, M., & Morris, J. C. (2005). The AD8: a brief informant interview to detect dementia. *Neurology*, *65*(4), 559–564. <https://doi.org/10.1212/01.wnl.0000172958.95282.2a>