## Activity Care Plan

| DATE | PROBLEM | GOAL/OBJECTIVE | APPROACH | RESPONSIBLE DISCIPLINE | REVIEW DATE |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Resident needs assistance with activities. <br> Factors to consider include: <br> New Admission <br> Short Term Admission <br> Terminal Condition <br> Long Term Resident <br> Resides on secured dementia unit <br> Other: $\qquad$ <br> Resident Preferences <br> Enjoys group activities <br> Prefers solitary activities <br> Enjoys family/friends visit <br> Activity participation varies frequently <br> Self-directs choice of activities <br> Independent in activity participation <br> Unable to express preferences <br> Other: $\qquad$ <br> Has health conditions that may impact activity participation <br> Difficulty with speech <br> Difficulty hearing <br> Difficulty with vision <br> Pain <br> Takes multiple medications <br> Requires assistance with eating drinking <br> Requires assistance with mobility <br> Balance concerns <br> Cognitive impairment <br> Unstable health condition <br> Dietary restrictions <br> Requires assistance with toileting <br> Requires use of oxygen <br> Safety concerns <br> Behaviors that interfere with resident's participation <br> Behaviors that interfere with other's participation <br> Scheduled appointments <br> Other: $\qquad$ | Resident will select and participate in activities of choice by: Resident will participate in $\qquad$ of group activities per month by: Resident will accept 1:1 activities $\qquad$ times per month by: Resident will verbalize or demonstrate satisfaction with types of activities and activity involvement by: Resident will continue to pursue independent activities through: $\square$ Other: | Review activity calendar with resident. Arrange with resident/staff for attendance at activities of interest/ choice. Introduce to other residents and encourage socialization. Invite to /engage resident in activities of known interest. <br> Past/current interests include, but are not limited to: <br> - Reading $\qquad$ <br> - Music $\qquad$ <br> - TV/Radio $\qquad$ <br> - Sports $\qquad$ <br> - Games $\qquad$ <br> - Pets $\qquad$ <br> - Crafts $\qquad$ <br> - Outdoor activities $\qquad$ <br> - Church/Spiritual $\qquad$ <br> - Other $\qquad$ Provide 1:1 visit Frequency: See ADL care plan. See restorative care plan. See rehabilitative plan of care See fall / risk for injury care plan See pain management care plan See nutrition care plan See hospice / palliative care plan See dialysis plan of care See Quality of Life: Psychosocial, mood and behavior care plan. See Quality of Life: Cognition, communication and vision care plan When available use volunteers for additional activity support Provide assistive devices to promote participation in activities of choice/interest Encourage family and friend supports/visit Encourage resident to participate in LOAs as available and approved by physician Other $\square$ Other $\qquad$ |  |  |

