A1C Range Chart

Patient's Name:
Date of Birth:
Gender:
Patient has:
Prediabetes
☐ Diabetes
Previous HbA1c Test Results (if available):

Recent HbA1c Test Results:

	A1C Percentage	Estimated Average Glucose (EAG)
Normal	< 5.7%	<117 mg/dL or 6.5 mmol/L
Prediabetic	5.7-6.4%	117-137 mg/dL or 6.5-7.6 mmol/L
Diabetic	>6.4%	>137 mg/dL/>7.6 mmol/L
Diabetic (with Increasing Risk of Complications)	6.5%	140 mg/dL or 7.8 mmol/L
Diabetic (with Increasing Risk of Complications)	7.0%	154 mg/dL or 8.6 mmol/L
Diabetic (with Increasing Risk of Complications)	7.5%	169 mg/dL or 9.4 mmol/L
Diabetic (with Increasing Risk of Complications)	8.0%	183 mg/dL or 10.1 mmol/L
Diabetic (with Increasing Risk of Complications)	8.5%	197 mg/dL or 10.9 mmol/L
Diabetic (with Increasing Risk of Complications)	9.0%	212 mg/dL or 11.8 mmol/L
Diabetic (with Increasing Risk of Complications)	9.5%	226 mg/dL or 12.6 mmol/L
Diabetic (with Increasing Risk of Complications)	10.0%	240 mg/dL or 13.4 mmol/L