

# Ineffective Airway Clearance Nursing Care Plan

## Patient Information

- Name:
- Date of Birth:
- Medical History:
- Current Medications:
- Allergies:
- Admitting Diagnosis:

## Assessment

### 1. Respiratory Rate

- Normal Range: 18-20 breaths per minute
- Assessment:

### 2. Breath Sounds

- Assessment:

### 3. Oxygen Saturation Levels

- Normal Range: 95-100%
- Assessment:

### 4. Cough Reflex

- Assessment:

### 5. Factors Contributing to Ineffective Airway Clearance

## Nursing Diagnosis

## **Goals**

- 1. Enhance Cough Effectiveness:**
- 2. Promote Lung Expansion:**
- 3. Maintain Optimal Oxygenation Levels:**

## **Interventions:**

- 1. Chest Physiotherapy:**
- 2. Suctioning:**
- 3. Breathing Exercises:**
- 4. Administration of Respiratory Medications:**

## **Documentation**

## **Evaluation**

## **Collaboration**

## **Patient Education**