

8-Week Group Counseling Plan

Program Information						
Program Title:						
Facilitator(s):				Group Target:		
Start Date:			End Date:			Program Duration:
Objectives	Week	Theme	Objectives	Activities & Exercises	Materials Needed	Evaluation Methods
	1					
	2					
	3					
	4					
	5					
	6					
	7					
	8					

Strategies for Group Cohesion		Management of Group Dynamics	
Evaluation and Feedback Mechanisms		Adjustment and Flexibility	
Facilitator's Notes			
Signatures			
Facilitator(s):		Date:	
Program Coordinator:		Date:	
<p>Note: This template serves as a foundation for planning and executing a group counseling program. It's designed to be comprehensive yet adaptable to the specific needs and dynamics of the group. Facilitators should fill out each section based on their preparatory work, ongoing assessments, and the evolving needs of the group participants. Regular feedback from participants and reflective practice are essential for the iterative development of the program.</p>			