7-Day Meal Plan for Kidney Disease

Patient's Name: Jane Doe

Date of Birth: March 1, 1990 **Gender:** Female

Medical History (if needed): Undergoing dialysis.

Referring Physician's Name: Stanley Salazar

Contact Number: 270-295-4407

Notes: None

7-DAY MEAL PLAN

Date	Breakfast	Lunch	Dinner	Snacks	Notes
December 14, 2023	Egg Pita Pockets	Chicken curry with rice	Beef Patties	Unsalted popcorn	-
December 15, 2023	Strawberry Tarts	Prawn curry with rice	Chicken Kebabs with Couscous	Low-sodium crackers	-
December 16, 2023	Shakshuka	Oven-baked marinated salmon with steamed vegetables	Hainanese chicken rice	Fruit pies	-