2-3 Year-Old Development Checklist

Patient information	
Child's name:	Age:
Date of birth:	
Parent/guardian name(s):	
Contact number:	
Address:	
Date of assessment:	

Developmental provider information
Healthcare provider name:
Practice name:
Contact information:
Assessment conducted by:

Social/emotional development

- ☐ Recognizes when others are in pain or upset, like becoming quiet when someone is sad
- ☐ Checks your facial expressions in unfamiliar situations to guide their response
- ☐ Settles down within a short time after being separated from you, such as at daycare
- ☐ Shows interest in other children and engages in play with them

Language/communication development

- ☐ Identifies objects in books when asked
- ☐ Combines at least two words when speaking
- ☐ Indicates different body parts when requested
- ☐ Uses various gestures to communicate, like nodding or shaking head
- ☐ Engages in simple back-and-forth conversations
- ☐ Begins to use question words like "what" or "where"
- ☐ Describes actions in pictures or books
- ☐ Responds with their name when asked
- ☐ Speaks clearly enough for most people to understand

Cognitive development

- ☐ Demonstrates ability to use both hands for different tasks simultaneously
- ☐ Explores how to operate simple mechanisms on toys
- ☐ Engages with multiple toys in imaginative play
- ☐ Attempts to copy simple shapes after demonstration
- ☐ Responds appropriately to warnings about danger, such as avoiding touching hot objects

Physical development

- ☐ Can kick a ball
- ☐ Able to run
- ☐ Climbs stairs walking upright, with or without assistance
- ☐ Uses a spoon for eating
- ☐ Standing on one foot
- ☐ Threads large objects together, like beads
- ☐ Begins to dress themselves partially
- ☐ Can use a fork during meals

Disclaimer: This milestone checklist is not a replacement for a standardized, validated developmental screening tool. It outlines the typical abilities of most children at various ages. Subject matter experts chose these milestones based on existing data and consensus.

Additional notes

Next steps for parents/guardians

Reference

Centers for Disease Control and Prevention. (2023, June 6). *Important milestones: Your child by two years.* https://www.cdc.gov/ncbddd/actearly/milestones/milestones-2yr.html