

1-Hour Glucose Test Results

Medical Institution Details

Name:

Address:

Phone Number:

Website:

Patient Details

Full Name:

Date of Birth:

Gender:

Ethnicity:

Gestation Period:

Patient ID:

Contact Number:

Email Address:

Referred by Dr./Physician:

Indicate if the patient is part of any at-risk groups below:

- above the age of 35
- has been pregnant before
- metabolic syndrome
- polycystic ovary syndrome
- body mass index of 30 or higher

Recommended Parameters for Blood Sugar Levels in Pregnancy

- Standard blood sugar level: Below 140 mg/dL (7.8 mmol/L)
- Further testing needed: 140 mg/dL (7.8 mmol/L) to less than 190 mg/dL (10.6 mmol/L)
- High blood sugar level: 190 mg/dL (10.6 mmol/L) or higher indicates gestational diabetes. *Intervention needed.*

Results

Date / Time of Oral Glucose Administered	Time of Blood Sample Taken:	Results: <ul style="list-style-type: none">• mg/dL• mmol/L

Blood Glucose Monitoring - AT HOME

This section is for patients diagnosed with gestational diabetes.

Date	Time	Reading (mg/dL)	Notes (e.g., exercise, stress, medication)

Symptoms or Side Effects Noted

Recommendations & Physician's Notes

Next Appointment:

Physician's Signature:

Date: